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Psi Epsilon Omega Chapter of Alpha Kappa Alpha Sorority, Incorporated® Supports Greenbelt Residents with Community Donations

Greenbelt, Md. — In partnership with Pearl Elegance Foundation, Inc. (PEF), Psi Epsilon Omega Chapter (PEO) of Alpha Kappa Alpha Sorority, Inc.® (AKA) is addressing mental health and self-care issues for women in minority communities.

On Saturday, May 20, PEO hosted a forum, “Pink Table Green Talk”, focusing on self-care matters for women. The discussion was centered around the theme “*I am My Sisters’ Keeper*” and highlighted various topics, including women’s empowerment, mental health and wellness, spirituality, and balancing life while remaining true to oneself. Participants brought feminine products to donate in support of the City of Greenbelt’s Pink Pantry initiative.

“We know that [period poverty](#) and being able to afford period products is a major issue for women and girls from low resource communities,” said Benita A. Swindell, PEO president. “We hope to continue providing support and making change that will have a widespread and long-lasting impact on women in the communities we serve.”

The Pink Pantry provides feminine products to income-qualified Greenbelt residents. This program is committed to addressing various self-care stigmas and helping empower girls and women to care for their bodies. PEO donated more than 1,000 items to support the women of Greenbelt and the Pink Pantry.

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Alpha Kappa Alpha Sorority Incorporated®, Psi Epsilon Omega Chapter was chartered in 2007. Since its founding, the chapter has implemented its service programs in Laurel, Bowie, and Greenbelt, Maryland.

Pearl Elegance Foundation, Incorporated is a non-profit 501(c)3 charity established in 2014 in Maryland. It is a direct outgrowth of the Psi Epsilon Omega Chapter of Alpha Kappa Alpha Sorority, Incorporated.